

Grocery List

BAKING ITEMS

- Flour
- Sugar
- Brown Sugar
- Powdered Sugar
- Baking Powder
- Baking Soda
- Salt
- Honey
- Vanilla
- Oil
- Instant Milk
-
-

OILS AND VINEGAR

- Olive Oil
- Coconut Oil
- Avocado Oil
- Canola Oil
- Vegetable Oil
- Balsamic
- Rice Vinegar
- Red Wine Vinegar
- Apple Cider Vinegar
- White Vinegar
-
-

DAIRY (FRIDGE)

- Buttermilk
- Milk
- Eggs
- Cheese
- Cream Cheese
- Sour Cream
- Butter
- Yogurt
- Coffee Creamer
-
-

SPICES/SEASONINGS

- Salt
- Pepper
- Cinnamon
- Chili Powder
- Cumin
- Taco Seasoning
- Garlic Powder/Salt
- Onion Powder
- Parsley
- Au Jus
- Vanilla
- Bay Leaves
- Sweet Basil
- Lemon Pepper
- True Brand Lemon
- True Brand Lime
- Pumpkin Pie Spice
- Cloves
- Nutmeg
-
-

BULK FOOD

- Beans
- Black Beans
- Pinto Beans
- Rice
- Pasta
- Wheat
- Flour
- Sugar
- Brown Sugar
- Cornmeal
- Oatmeal
- Instant Potatoes
- Popcorn
-
-

SWEETENERS

- Honey
- Sugar
- Brown Sugar
- Stevia
- Non-Calorie Sweetener
- Molasses

FRIDGE STUFF

- Salad Dressing
- Lemon Juice
- Lime Juice
- Orange Juice
- Pickles
- Salad stuff
- Spinach
- Carrots
- Celery
-
-

CONDIMENTS

- Mayonnaise
- Miracle Whip
- Mustard
- Ketchup
- Worcestershire Sauce
- Soy Sauce
- BBQ Sauce
-
-

FRESH VEGGIES

- Potatoes
- Sweet Potatoes
- Garlic
- Onions
- Tomatoes
-
-



Grocery List

SWEETENERS

- Honey
- Sugar
- Brown Sugar
- Stevia
- Non-Calorie Sweetener
- Molasses

FOOD IN JARS

- Spaghetti Sauce
- Pizza Sauce
- Pickles
- Gravy
- Pimentos
- Alfredo Sauce
- Hot Peppers
-
-

FREEZER

- Peas
- Chopped Onions
- Broccoli
- Bacon
- Beef
- Chicken
- Pork
- Shredded Cheese
- Bread
- Yeast
- Wheat Gluten
- Dough Enhancer
- Nuts
- Almonds
- Pecans
- Walnuts
- Pinenuts
-
-

CANNED VEGGIES

- Green Beans
- Corn
- Carrots
- Potatoes
- Asparagus
- Beets
- Peas
- Pumpkin
- Sweet Potatoes
- Diced Tomatoes
- Tomato Sauce
- Tomato Paste
- Bean Sprouts
- Water Chestnuts
- Olives
-
-

CANNED PROTEINS

- Chicken
- Hamburger
- Turkey
- Shredded Beef
- Roast Beef and Gravy
- Ham
- BBQ Pork
- Spam
- Corned Beef
- Salmon
- Sardines
- Tuna
- Beans
- Pinto Beans
- Black Beans
- White Bean
- Chili Beans
- Kidney Beans
-
-

CANNED FRUITS

- Fruit Cocktail
- Peaches
- Applesauce
- Pears
- Mandarin Oranges
- Cherries
- Apricots
- Pie Filling
-
-

ODDS & ENDS

- Olives
- Water Chestnuts
- Green Chilies
- Canned Milk
- Sweet Condensed Milk
- Crackers
- Instant/Powdered Milk
-
-

PAPER PRODUCTS

- Paper Plates
- Cold Paper Cups
- Hot Paper Cups/Lids
- Straws
- Plastic Silverware
-
-

PET SUPPLIES

- Dog Food
- Dog Treats
- Dog Chews
- Cat Food
- Cat Treats
- Vitamins
-
-

