

Apple Muffins by Food Storage Moms

Ingredients:

1-1/2 cups flour (I use bread flour)

1/2 cup granulated sugar

1 teaspoon cinnamon

1/2 teaspoon baking soda

1/4 teaspoon baking powder

1 egg, slightly beaten

1 cup peeled, shredded/grated apple

1/3 cup milk

1/3 cup vegetable oil

Instructions:

Preheat the oven to 375 degrees. Combine the dry ingredients. Stir together the remaining ingredients. Add this mixture to the dry ingredients. Stir just until moistened. Fill the greased muffin cups half full. Bake for 18-20 minutes or until golden brown.