

## Oatmeal Muffins by Food Storage Moms

### Ingredients:

1 cup milk

1 cup quick cooking oats

1 egg

1/4 cup oil (I use vegetable oil)

1/4 cup sugar

1/2 teaspoon salt

2 teaspoons baking powder

### Instructions:

Preheat your oven to 425 degrees. Combine the milk and oats, soak for 15 minutes. Add the dry mixture to the wet mixture. Do not over-mix the batter. Fill the greased muffin tin 3/4 full and bake for 20-25 minutes or until a toothpick comes out clean. Sometimes a plain oatmeal muffin just works, need I say more. These are very moist and go with any breakfast.