

Horchata Rice Milk by Mare via Food Storage Moms

Here's an easy and tasty Horchata you might like to try:

Ingredients

- 2 cups long grain rice, rinsed
- 4 quarts water
- 2 cinnamon sticks, broken into pieces
- 2 teaspoon vanilla (optional)
- 1 cup white sugar

Directions

1. In a large saucepan, combine rice, water and cinnamon stick. Set aside for 3 hours.
2. After 3 hours, bring to a boil, reduce heat, and simmer for 30 minutes. Let it cool.
3. Puree rice mixture in a blender until smooth. Strain through cheesecloth or a fine sieve. Flavor with vanilla and sugar to taste. Chill, and serve over ice.