

## **Emergency Car Kits by Food Storage Moms**

Emergencies or disasters/events can strike at any time, so having certain items in your vehicle can be lifesaving. Place items in a backpack, gym bag, or another container. Be careful about storing items that may be damaged or compromised in extreme heat situations.

- Names and phone numbers of who to contact in an emergency.
- Pictures of family members (2 sets) one for an emergency board and one picture to keep in your possession
- Pictures of pets (2 sets), one for an emergency board and one picture to keep in your possession.
- Medical records of your pets, this is critical if you find a shelter that will accept pets, many will not (unless you have a pet for medical reasons).
- Pet 72-hour kit with an extra leash, water/food dishes, and food.
- Pet crate or cat litter box with extra bags to dispose of waste.
- Emergency toilet with toilet paper, 10-gallon bags, and kitty litter.
- Battery/crank powered portable radio/extra batteries.
- Flashlight/preferably one with solar/crank/LED.
- Compass and maps; not everyone has GPS in their car or on their phones.
- Can of motor oil.
- Fire Extinguisher (5-pound ABC type).
- Flares and/or orange cones.
- Jumper cables.
- Rags/paper towels.
- Shovel.
- Pocketknife.
- Tire gauge.
- Toolbox.
- Window scraper for ice.

### **Necessities for survival:**

- Water (rotate water often as heat will affect the safety of drinking it-thank you, Judy (you could use it to pour on your head to cool you down if overheated)
- Food
- Blankets
- Jackets/sweaters
- Emergency cash: approximately \$200.00 in small bills
- First Aid Kit
- Baby Wipes
- Hand Sanitizer/bars of hand soap
- Toothbrushes, deodorant (non-meltable type)
- Scissors/pens/pencils (not crayons-they melt)
- Emergency snack food and/or MRE meals (items may need to be replaced more frequently if stored in extreme heat conditions)
- Whistles
- Umbrella
- Hand warmers
- Extra blankets