

My Every Day Carry Bag by Food Storage Moms

- Multi-tool knife, you can use these for so many things.
- Hand sanitizer-keep my hands clean from bacteria.
- Mirror-if stranded I can flash this to let people find me
- Compass-if stranded I can at least know the direction I am heading.
- Whistle-I prefer the ones that are extremely loud to alert people.
- Small bills and coin for emergency cash if the power goes down.
- Water bottle (with a filter).
- Lip gloss.
- Small first aid kit.
- Duct tape (small rolls now available).
- Seatbelt cutter.
- Flashlight.
- Pen and small paper tablet.
- Folding knife for protection or other uses.
- USB charger for phones and tablets.
- Aspirin and Benadryl.
- Pepper spray.
- Black sharpie.

Other EDC Items To Consider:

- Names and phone numbers of who to contact in an emergency.
- Battery/crank powered portable radio/extra batteries.
- Flashlight/preferably one with solar/crank/LED.
- Compass and maps; not everyone has GPS in their car and on phones.
- Can of motor oil.
- Fire Extinguisher(5 pound ABC type).
- Flares and/or orange cones.
- Jumper cables.
- Rags/paper towels.
- Shovel/axe.
- Pocketknife.
- Tire gauge.
- Toolbox.
- Window scraper for ice.

Necessities for survival:

- Water/Granola bars/Jerky
- Blankets
- Jackets/sweaters
- Emergency cash: approximately \$50.00 in small bills
- First Aid Kit
- Baby Wipes
- Hand Sanitizer
- Scissors/pens/pencils (not crayons-they melt)
- Emergency snack food and/or MRE meals (items may need to be replaced more frequently if stored in extreme heat conditions)
- Whistles
- Umbrella
- Hand warmers
- Extra blankets