

## **Here is an Emergency Mommy Kit by Food Storage Moms**

1. diapers-disposable as well as cloth diapers with waterproof pants
2. underwear-potty training ones
3. water is in the lingerie/laundry bag in the car by itself-we need water for sure
4. baby nail clippers
5. baby lotion
6. baby liquid soap
7. diaper rash ointment
8. empty bottle-you can at least fill it with water if need be
9. binkies or pacifiers
10. baby powder
11. baby or toddler Motrin
12. baby tearless shampoo
13. baby wipes
14. I would add your favorite snack (I did not put one in the ammo box) but there is plenty of room for more items
15. baby diaper safety pins
16. band-aids & Neosporin type ointment (although I do have my regular first aid kit in the car as well)
17. small adult-sized t-shirt