

# Easy Homemade Egg Muffins by Food Storage Moms

## Ingredients:

8 eggs

1 red bell pepper (diced)

½ onion (chopped)

2 cups broccoli flowerets (cut in bite size pieces)

1 cup diced ham

Salt & Pepper to taste

## Instructions:

1. Blend the eggs until smooth with a whisk. Add the remaining ingredients. Grease a cupcake pan and scoop the egg mixture into each muffin cup. Bake at 375 degrees for about 15 minutes, or until golden brown. Serve hot.