

How to Dehydrate Apples by Food Storage Moms

Ingredients:

- 1-6 Apples (Cored, sliced, peeled or unpeeled)
- 1 Cup Water (Optional)
- 1 Cup Lemon Juice (Optional)

Instructions:

1. Wash, slice and core apples. You can peel them or dehydrate with peeling. ***The one cup lemon juice and one cup water solution is optional to keep the apples from turning brown during the drying period. I set my Excalibur Dehydrator at 135 degrees for about 4 hours. The drying time all depends on the humidity in the air. Please check your own dehydrator temperature requirement. I will place the dehydrated apples in glass jars and use my Food Saver jar sealer to “seal” them.