

72 Hour Kits 2016-[Food](#)-[Water](#)-[Prescriptions](#)-[Essential](#)/[Oils](#)-[Silver](#)/[Solution](#)-[Binder](#)/[Important](#)/[Documents](#)

Whistle

Compass

Blanket

Work gloves

Personal unit: shampoo, toothbrush, toothpaste, razor, shave gel, bar of soap, liquid soap, sewing kit & lip balm

Basic unit: LED flashlight, batteries or a solar flashlight, poncho, paper, pencil, water purification tablets, garbage bags

First aid kit: safety pins, first aid book, 2 triple antibiotic, burn cream, non-latex gloves, gauze pads, butterfly bandages, aspirin, Ibuprofen, antacids, alcohol prep wipes, non-aspirin products, and any other products YOUR family requires

Can opener

Toilet paper

Metal cups with silverware

N-95 masks

Matches

Goal Zero Solo solar flashlights

Goggles

Surgical kit with scissors

Bandanas

C.E.R.T. notebooks

Stethoscope kit and airway punch

Hand warmers

4-in-1 tool

Duct tape

Berkey sport bottle

Signal mirror

Head lamps

Multipurpose pocket knife

Cash: small bills like ones and fives